

THE RHW ANNUAL MIDWIFERY CONFERENCE

RIDING THE CURRENT - 23RD FEB 2024

“Sometimes the Biggest Waves are Created
from the Smallest Ripples”

8:00AM – 8:30AM	Registrations, tea and coffee
8:30AM – 8:50AM	Acknowledgement of Country Welcome Donna Garland RHW General Manager
8:50AM – 9:50AM	Robbie Solomon & Dr Meredith Stone The Existential Nature of Birth – Not Trauma
9:50AM – 10:10AM	Robyn Gasparotto & Natascha Dastur The Swell of Midwifery momentum
10:10 AM – 10:30AM	Charlotte Romanet Consumer Journey
10:30AM – 11:00AM	Morning Tea
11:00AM – 12:00PM	Nicki Macklin Changing course: Can kindness put the wind back in our sails and help lead our teams to smoother waters
12:00PM – 12:20PM	Narelle Brown From Ripples to Reality – Steering the course of my Midwifery Dream
12:20PM – 12:40PM	Georgia Hart & Prue Shipway Tackling Motherhood and Midwifery Leadership – Navigating the ride
12:40PM – 1:00PM	Corinne Avery Riding the Current towards a Cervical Cancer Free Future: Empowering midwives to expand cervical screening opportunities for all women
1:00PM – 1:40PM	Lunch
1:40PM – 2:10PM	Katie Motteram Navigating the Quagmire: Riding the Current of Evidence on Induction of Labour
2:10PM – 2:30PM	Tara Croft & Rishi Ramakrishnan – Baymatob Changing the way we look at PPH with the Oli product
2:30PM – 2:50PM	Alice Tuson & Dr Charly Perry It's time to stop swimming against the current and address the rates of PPH
2:50PM – 3:00PM	Veronica Hegedus Chair Yoga
3:00PM – 3:20PM	A/Prof Helen Barrett The Ebb & Flow of Thyroid management in Pregnancy
3:20PM – 3:40PM	Rohana Macauley Consumer Journey
3:40PM – 4:00PM	Maddie O'Connor The flow in Modern Breastfeeding Trends
4PM	Conference Concludes

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DR MEREDITH STONE

Dr Meredith Stone is a psychiatrist with over 15 years of experience and is a trusted expert in the field of mental health. Dr Stone is committed to providing quality and compassionate support to her patients.

She has a particular interest in perinatal mental health, offering care and support to women during pregnancy and after childbirth. She understands the unique challenges and struggles that can arise during this important life transition.

A/PROFESSOR HELEN BARRETT

Prof Helen Barrett is Director of Obstetric Medicine at The Royal Hospital for Women and a Senior Staff Specialist in Obstetric Medicine and Endocrinology.

She is a conjoint Associate Professor at UNSW Medicine and the immediate Past President of the Society of Obstetric Medicine Australia New Zealand. Helen is a clinician-researcher, and her research focus is in metabolism in complex pregnancy, primarily diabetes and obesity.

NICKI MACKLIN

Nicki is currently completing her PhD at Auckland Medical School, exploring kindness in healthcare teams – what conditions for kindness are and how we can cultivate kindness to help our teams, patients, families and communities to flourish. She works within a global network of people around the world invested in achieving kind care.

She came into this work having spent over a decade in the system as a mum of a child with complex medical needs, and seeing first-hand the impact that kindness can have on outcomes for all involved. She believes that to achieve a strong flow of kindness out to patients and families, first we must care for and support our healthcare teams to be able to work together in a kind, caring and safe environment.

ALICE TUSON

Alice Tuson is a birth unit care midwife at The Royal Hospital for Women. Alice came to midwifery with a deep passion of wanting to understand evidence-based care in maternity services. She has been published in midwifery journals even before she became a midwife and has since spoken at several conferences.

She uses her ‘going on a roll’ mission of understanding and improving evidence based care in maternity services wisely.

NARELLE BROWN

Narelle is a proud Koori woman of Gundungurra and Yuin descent. She is a new graduate midwife and a previous Aboriginal Midwifery Cadet at The Royal Hospital for Women. She completed her Bachelor of Midwifery at University of Technology Sydney.

Narelle is passionate about midwifery, and she is interested in Birthing on Country and maternal mental health. Alongside clinical midwifery practice she aims to pursue a career in research and education to promote and contribute to the efforts of improving Aboriginal and Torres Strait Islanders health and outcomes.

TARA CROFT CEO BAYMATOB

Tara is a MedTech expert with over 15 years’ industry experience, having worked at two of Australia’s successful companies in the industry – ResMed and Nanosonics. Tara is passionate about early-stage businesses, advising numerous start-ups. Tara has a genuine interest and track record of identifying opportunities to improve healthcare outcomes and building commercially-viable technology solutions, primarily diabetes and obesity.

RISHI RAMAKRISHNAN

Rishi is Head of Product Development at Baymatob and plays a critical role in the development of machine learning algorithms, as well as backend software development for the Oli product.

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KATIE MOTTERAM

Having practiced as a policy lawyer in her early career Katie has gained a deep respect for the consumer empowerment that stems from information that is clear and easily accessible. She has a passion for all things pregnancy, birth and postnatal – and the unique experience of birthing 3 children in 2 countries under 3 different models of care.

This led her to partially complete a Bachelor of midwifery and have a strong interest in the ability for birth education and advocacy to drive significant improvements in birth outcomes.

CORINNE AVERY

Corrinne is a project officer for the NSW Cervical Screening Program within the Cancer Institute. She has a Bachelor of Health Science and is currently studying a Master of Public Health. She is passionate ensuring that all women are informed, educated and given the opportunity to have cervical screening.

She truly believes that as we all work together, we can see Australia be the first country in the world to eliminate cervical cancer as a public health problem by mid-2030.

GEORGIA HART

Georgia is a registered midwife with over 10 years experience. She spent the early years of her midwifery career rotating through all maternity areas whilst completing her Masters of Midwifery Health Medicine at UNSW.

Georgia finally found her home in birthing and loves supporting women in labour and promoting midwifery autonomy. Since becoming a mum and experiencing labour for herself her passion to be an advocate for birthing women's preferences has strengthened.

MADDIE O'CONNOR

Maddie is an IBCLC and a Registered Midwife working here at RHW within the MAPS program. She has worked in a large variety of areas within both metro and rural hospitals, and more recently within a small private lactation business within the Inner West of Sydney.

She is passionate about ensuring today's parents receive up to date advice, alongside the huge amounts of social media and marketing campaigns as well as working with midwives and LC's to bring breastfeeding practices and advice into the modern age.

PRUE SHIPWAY

Prue has been a registered midwife for 16 years, who initially got into midwifery for the cute babies. It didn't take long for her to realise that the real joy and fulfillment of midwifery was in the interaction with, and empowerment of the women.

Passionate about encouraging and equipping women to step into motherhood feeling strong and empowered by their birthing experience, Prue has spent much of her career to date working in both Midwifery Group Practice and Birth Unit. She has balanced her role as a mum of 3 young children and her desire to create positive change for her colleagues and the women they care for.

For the past 18 months Prue and Georgia have been working in a Job-Share position as Co-Clinical Midwifery unit Managers of Birth Unit.

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VENUE

In person: Royal Hospital for Women, Lecture Theatre, Level 1, Barker Street, Randwick 2031

Virtual: Teams link to be provided

6 Professional Development Hours Awarded

Morning tea and lunch provided for in house attendees

REGISTRATION

To register go to www.royalwomen.org.au/rhwmidwifery

ENQUIRIES

Enquiries: Naomi Ford, naomi.ford@health.nsw.gov.au

Cancellations **after 12th Feb 2024** will incur a 20% fee however you may transfer your registration to another delegate. **There will be no refund for non-attendance on the day.**

130 SEATS IN LECTURE THEATRE

\$100: SESLHD staff employees

\$50: All student midwives

\$150: Non RHW employees

\$50: Virtual attendance or when no more seats available

TRANSPORT

Pay parking available onsite **\$31.20 per day**. Limited free street parking is available. Buses or light rail to Randwick Junction – **check www.transportnsw.info or call 131 500.**