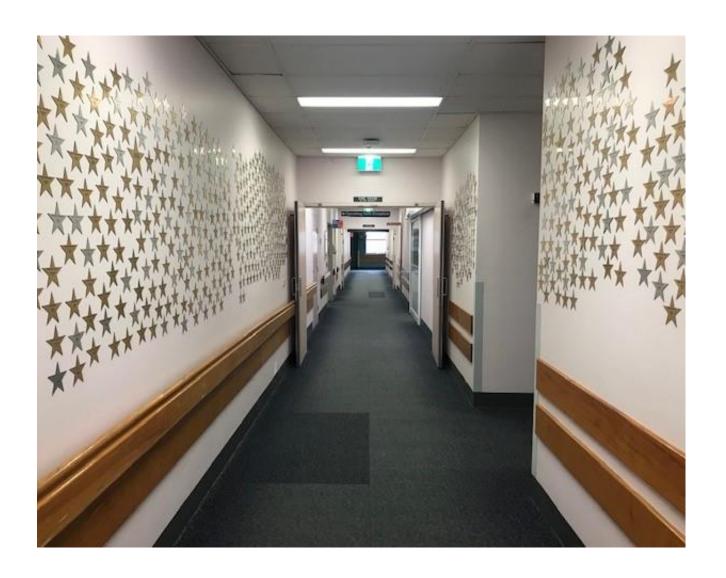
Welcome to the Royal Hospital for Women

As we can't offer actual hospital tours at the moment, we have put together this short presentation of our Birthing rooms and postnatal area.



Corridor outside Delivery Suite and Birth Centre on Level 1

Showing baby name stars if you need some inspirations for names!





The entrance to Delivery Suite on level one (just past the stars on the wall).

Buzzer for entry is on the left.

Staff desk / reception in Delivery Suite



Tea making area/ waiting room in Delivery Suite



Birth Room in Delivery Suite

Plenty of room to put floor mat, bean bag or birth ball – even if you need to have continuous monitoring of your baby you can still be mobile. (CTG monitor shown to right of the bed).



Delivery Suite birth room

Demonstrating the comfortable position of leaning over a bean bag-particularly good if you have a" backache" labour. The position helps especially if your baby needs to move into a different position-and your support person can easily provide back massage!



A birth room in Delivery Suite

If you would like to try and stay off the bed during labour it is a good idea to ask if the bed can be pushed to the side of the room. This leaves more room for you to be mobile and to use the floor mat, inflatable birth stool, bean bag or birth ball, which are all available in your room.



Inflatable birth pool for use in the Delivery Suite

These pools fit into most (but not all) of the Delivery Suite rooms. If you would like to use water immersion in labour then just mention this when you call to let the midwives know you are coming in.



Bathroom in Delivery Suite

This has a small fixed bath.

All bathrooms have double shower heads.

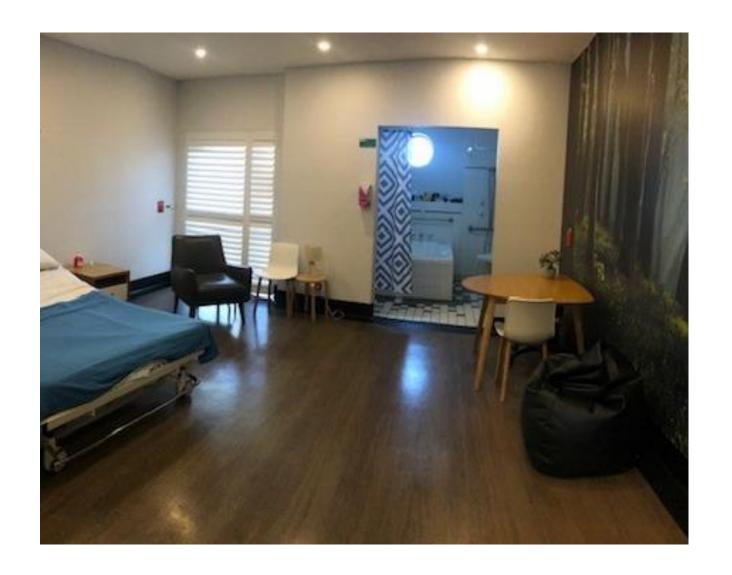




Delivery
Suite room.
Gas and Air
(Entonox) is
available in
all of the
birth rooms

Birth Centre room

The Birth centre is for women who meet certain low risk criteria - ask you midwife or Dr about these.



Bathroom in the Birth Centre rooms

Use of water in labour is a great comfort for many women. Waterbirth is an option for many mums too! Ask your midwife if you are interested in this.





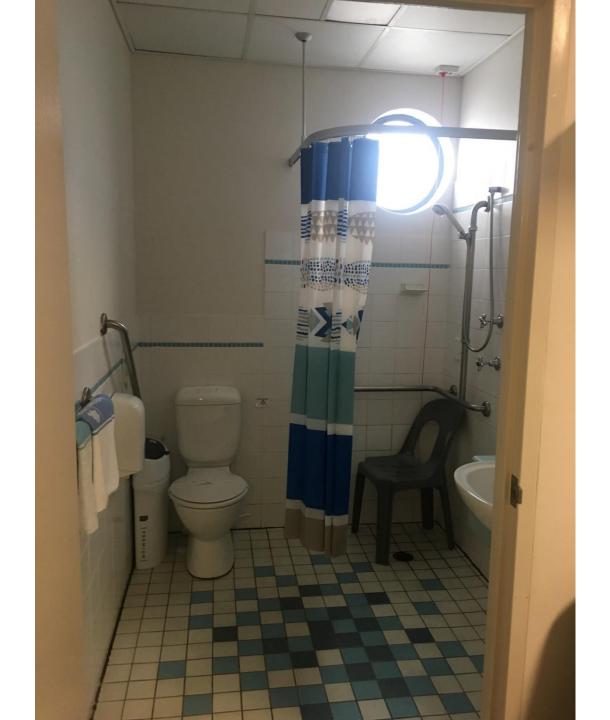
Birth Centre room with bathroom



On level 3 are the 2 Postnatal Wards i.e. Oxford & Paddington.



Room in Postnatal ward. There are single and double rooms in Postnatal wards.



Ensuite bathroom in Postnatal ward

Breastfeeding Support Unit on level 3

This service is available as appointments in the morning once you have gone home- or a "drop in" service in the afternoons whilst you are still in hospital

