



We look forward to you joining us for

Embrace the Journey

Friday 17th October 2025, **9am-1pm**

Lecture theatre,
Level 1, Women's Health Institute
The Royal Hospital for Women, Randwick

A morning to support, celebrate and nurture our patients undergoing breast cancer treatment at The Royal Hospital for Women and Prince of Wales Hospital.

In recognition of Breast Cancer Awareness Month, this special event brings together patients, clinicians and our community to honour every woman's unique journey and the strength that unites us all.

Coffee, morning tea and lunch provided



9:00 am	Arrival
9:15 am	Welcome – Dr Sarah Forsyth and Sorcha Loughnane
9:30 am	The Breast Centre – Dr Sarah Forsyth
9:45 am	Hereditary Cancer Clinic – Shweta Srinivasa
10:00 am	Physiotherapy - Lea Yanitsas
10:15 am	Fertility services - Fiona Heath
10:30 am	Survivorship Clinic and Exercise Physiology - Jessica Collings
10:45 am	The Menopause Hub – Gill Neil
11:00 am	Morning tea / mingle
11:15 am	Patient Perspective – Martine Dines
11:30am	Look Good Feel Better – Cindy Cunningham
11:45 am	Ayurvedic wellness session – Supriya Ruparelia from The Veda Lab
12:30 pm	Lunch